



5 - Resources

DfES Approved Resources for Sex and Relationships Education and Drug Education

Sex and Relationships Education

Developing and Reviewing a School Sex Education Policy (1994). Sex Education Forum. A practical step-by-step guide.

Good Practice in Sex Education: A source book for schools (1995). Edited by Caroline Ray and Dilys Went. It offers guidance on sex education and examples of good practice.

Children, Sex Education and the Law (1996). Nevill Harris. Includes chapters by leading experts on sex education, gender and sexuality.

Partnerships with Parents in Sex Education (1996). Lorna Scott. Offers help to schools wanting to develop consultation with parents.

From Needs to Practice (1996). Sue Plant. Effective sex education training and support. Offers schools a training needs assessment model.

Religion, Ethnicity and Sex Education (1996). Rachel Thomson. Offers an exploration of the issues raised by teaching sex education in a multi-cultural society through examining seven religious and one secular personal perspectives.

Let's hear it for the Boys - Supporting sex and relationship education for boys and young men (1997). Edited by Gill Lenderyou and Caroline Ray. Raises awareness of the needs of boys and offers guidance on more effective practice.

Let's talk about sex and relationships. A policy and practice framework for working with children and young people in public care (1998). Hansa Patel-Kanwal and Gill Frances (Lenderyou). A step-by-step guide to developing a coherent policy framework for teaching children and young people in public care about sex and relationships.

The above resources are available from the Sex Education Forum along with a series of fact sheets on various issues relating to sex and relationships education. For further details contact: **The Sex Education Forum**
Tel: 020 7843 6052/56

Drug Education

Tackling drugs to build a better Britain (1a) and Tackling drugs to build a better Britain: guidance notes (1b) (1998). TTA. Government White Paper identifying the elements and four main aims of the 10-year strategy for tackling drug issues (1998-2007). The separate guidance document sets out the evidence and information upon which the White Paper is based, and provides a practical reference point for those implementing the strategy.

The right responses: managing and making policy for drug-related incidents in school (1999). SCODA. Detailed guidance on managing planned and unplanned situations involving drugs at or near school, and setting an effective school drug policy.

The right approach: quality standards in drug education (1999). SCODA. A quality code containing national standards for the delivery of drug education in schools.

The right choice (1997). SCODA. Detailed and accessible guidance on selecting drug education materials for schools. Highlights and summarises eleven key criteria which constitute good drug education materials.

Circular 4/95: drug prevention and schools (1995). DfES. Detailed guidance on the role and duties of schools in relation to curriculum input and response to incidents. It was circulated to all state schools.

Protecting young people: good practice in drug education in schools and the youth service (1998). A guidance booklet extending the support set out in Circular 4/95.

Guidance on good practice (1998). Drugs Prevention Initiative (DPI) Home Office. A supplement to the DPI's overview guidance to drug action teams on developing local drugs prevention strategies.

Drug education: curriculum guidance for schools (1995). Schools Curriculum and Assessment Authority. Guidance on how to plan and organise drug education, with reference to time-tabling, content and health education principles.

OFSTED report: drug education in schools (1997). OFSTED/HMSO. A report from the office of Her Majesty's Chief Inspector of Schools. A study of primary and secondary schools which examines: their planning of drug education curricula, teaching methods and their outcomes, their monitoring and evaluation of drug education work, school policies, and the way that schools respond to drug related incidents.

A scheme of work for Key Stages 1 and 2: Science (1998). DfES. Optional exemplar of work based on the Key Stages 1 and 2 science programme of study and attainment targets. Unit 2A: Health and growth and Unit 5A: Keeping healthy contains specific references to drugs, including medicines, alcohol and tobacco.

Social inclusion: pupil support (1999). DfES. This document contains guidance on both the law and good practice on school attendance, behaviour and discipline, exclusion, re-integration and education outside school.

Summaries of drug education publications were taken from The Right Approach: Quality standards in drug education (1999). SCODA.

Resources from the NHSS

The following can be obtained by phoning **0870 121 4194**.

Confirming healthy school achievement

Provides guidance on assessing the NHSS contribution at all levels to targets concerned with tackling health inequalities, promoting social inclusion and raising achievements.

ISBN 1-84279-207-5

Forming links with careers education and guidance

Highlights the complementary nature of career education, the work of the Connexions Service and the NHSS. The guidance provides the basis for promoting collaborative ways of working, creating improved levels of understanding and reviewing areas of common interest to ensure effective use of resources.

ISBN 1-84279-177-X

How the National Healthy School Standard contributes to school improvement

The effectiveness of the NHSS is due to the structure and process it encourages; the whole-school approach it adopts; and the support the school can access through its local healthy school programme.

ISBN 1-84279-180-8

Managing and teaching citizenship through the National Healthy School Standard

Illustrates how the NHS can help schools bring about a whole-school ethos that encourages the effective learning of citizenship, and also give everyday meaning to students' school experiences.

ISBN 1-84279-181-8

Managing links with careers education and guidance

Should be read in conjunction with Forming links with careers education and guidance (above)

ISBN 1-84279-178-8

National Healthy School Standard Guidance

For use by local healthy school partnerships, giving a full description of the National Healthy School Standard, the whole school approach and the health and education themes.

Reducing health inequalities and promoting social inclusion

A summary of the NHSS contribution to reducing health inequalities and promoting social inclusion.

ISBN: 1-84279-072-2

Using the National Healthy School Standard to raise boys' achievement

Designed to address the current gender gap in pupil's performance by recommending teaching and learning strategies that have been tried and tested in helping to raise achievement.

ISBN: 1-84279-179-128-1

Copies of these publications can be obtained from:

Health Development Agency,

Po Box 90,

Wetherby,

Yorkshire

LS23 7EX

Tel: 0870 121 4194

email: hda@twoten.press.net

www.wiredforhealth.gov.uk

Other Resources Linked to the NHSS

Charter Point 1: PSHE

Healthy Schools

Certification of the teaching of PSHE (Personal, Social and Health Education)

Teachers Handbook Revised Edition February 2004. ISBN: 1-84279-174-5

From: Health Development Agency, P O Box 90, Wetherby, Yorkshire. LS23 7EX

Tel: 0870 121 4194

Fax: 0870 121 4195

E-mail: had@twoten.press.net

National Healthy School Standard

Pupil Involvement

September 2000

Copies available from: NHSS Team
Health Development Agency, Trevelyan House, 30 Great Peter Street
LONDON SW1P 2HW

Tel: 020 7413 1865

Fax: 020 7413 8939

Charter Point 3 : Sex and Relationships Education

Sex & Relationship Education Guidance

Curriculum & Standards

For Headteachers, Teachers and School Governors

Status – good practice Date of issue – July 2000

Ref DfEE 0116/2000 ISBN 1841851442

This guidance on sex and relationship education (SRE) in school replaces Circular 5/94.

From: DfEE Publications, P.O. Box 5050, Annesley, Nottingham. NG15 ODJ

Tel: 0845 6022260.

Fax 08456033360.

Charter Point 4 : Drugs, Alcohol, Tobacco

Drugs Guidance for Schools

Curriculum Standards KS1,2,3,4

Headteachers, Chairs of Governors, LEAs

Status: recommended action

Date of issue: February 2004-08-31 Ref: DfES/0092/2004

Quote ref: DfES/0092/2004, ISBN: 1-84478-187-9

Copies of this publication can be obtained from:

DfES Publications, P O Box 5050, Sherwood Park, Annesley, Nottingham. NG15 ODJ

Tel: 0845 60 22260

Fax: 0845 60 33360

Website: www.dfes.gov.uk/drugsguidance

Charter Point 8: Emotional Health and Well-being

Bullying – don't suffer in Silence

An anti-bullying pack for schools

Pupil Support and Access

Headteachers & Teachers

Date of issue 12/00 – DfEE Publications Ref: DfEE 0064/2000

Tel: 0845 6022260

Fax: 0845 6033360

NB. A full range of Health Promotion Resources can be borrowed from the following Health Promotion Resource Services.

Yvonne Hudson
Resources Manager
South Tyneside (Base)
Public Health Development Team
Public Health Development Centre
Hospital Drive
East View
Hebburn
NE31 2TH
Tel - 0191 4516602
Fax – 0191 4516616
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Eileen Westthorp
Resource and Information Officer
Health Promotion Resource Service
13 Walker Terrace
Gateshead
NE8 1EB
Tel - 0191 4779743
E mail - eileen.westthorp@ghpct.nhs.uk



Directory

Healthy Schools Directory

Charter Point 1 Personal, Social and Health Education

PSHE & C/ QCA

Qualifications & Curriculum Authority
83 Piccadilly
LONDON
W1J 8QA
Tel – 0207509 5555
E mail - information@qca.org.uk

QCA

29 Bolton Street
LONDON
W1Y 7PD
www.qca.org.uk

DfES

Caxton House
6-12 Tothill Street
LONDON
SW1H 9NA
Tel – 0870 0012345
Fax – 020 7235124
www.dfes.gov.uk
E mail - info@dfes.gsi.gov.uk

Health Development Agency

Holborn Gate
330 High Holborn
LONDON
WC1V 7BA
Tel – 020 7430 0850
Fax – 020 70613390
www.hda.nhs.uk
E mail – communications@hda-online.org.uk

Charter Point 2 - Citizenship

Terry Eccles

Assistant Co-ordinator GB YOC

Gateshead Borough Youth
Organisation Council
6 Regent Terrace
Gateshead
Tyne & Wear
NE8 1LU
Tel – 0191 4901900
Fax – 0191 4901199
E mail - qbyoc.6@6tinternet.com

Andrea Wilkinson

Children's Rights Officer

Civic Centre
Gateshead
NE8 1HH
Tel – 0191 4333000

P.C. Ian Punton (East)

P.C. Steve Lilly (West)

Youth Issues Officers

Northumbria Police
Whickham Police Station
Front Street
Whickham
Tel - 0191 4547555
E mail -
ian.punton.3493@northumbria.pnn.
police.uk

Charter Point 3 - Sex and Relationships Education

Nick Mawson
SRE Health Development Officer
Dryden Professional Development
Centre
Evistones Road
Gateshead
NE9 5UR
Tel – 0191 4338669
Fax – 0191 4911394

Barbara Convery
Teenage Pregnancy Co-ordinator
12 Gladstone Terrace
Gateshead
NE8 4DY
Tel – 0191 4785976
Fax – 0191 4772480

Robyn Creighton
Sexual Health Education Officer
13 Walker Terrace
Gateshead
NE8 1EB
Tel – 0191 4901699
Fax – 0191 4901706
E mail - robyn.creighton@ghpct.nhs.uk

Jo Vary
Gateshead Young Women/s Outreach
Project
12 Gladstone Terrace
Gateshead
NE8 4DY
Tel – 0191 4777759
Fax – 0191 4772480

Young Men and Boys Worker
Sexual Health Promotion
13 Walker Terrace
Gateshead
NE8 1EB
Tel – 0191 4901699
Fax - 0191 4901706

Steve Paske
Gay and Bisexual Mens Worker
13 Walker Terrace
Gateshead
NE8 1EB
Tel – 0191 4901699
Fax - 0191 4901706
steve.paske@ghpct.nhs.uk

Susan Hay
(Gateshead West)
School Health Advisor
Child Health – Ward 4
Bensham Hospital
Saltwell Road
Gateshead
NE8 4YL
Tel – 0191 4455245

Elaine Tate
(Gateshead East)
School Health Advisor
Wrekenton Clinic
Springwell Road
Wrekenton
Gateshead
NE9 7AD
Tel – 0191 4958500

Elaine Caine
Pharmacy Link
Boots the Chemist
Metro Centre
Gateshead
Tel – 0191 4932055

Angela Star
Teenage Pregnancy Options Advisor
c/o Sexual Health Promotion Team
13 Walker Terrace
Gateshead
NE8 1EB
Tel - 07931 414994
E mail - angela.star@nhs.net

Charter Point 4 - Drugs – Alcohol; Tobacco

Linda Robinson
School Drugs Adviser
Dryden Professional Development Centre
Evistones Road
Gateshead
NE9 5UR
Tel – 0191 4338672
Fax – 0191 4911394
E mail - lindarobinson@gateshead.gov.uk

Gavin Thompson/Lisa Riley
NECA
203 High Street
Gateshead
NE8 1AS
Tel – 0191 4901045
Fax – 0191 4901673

FRANK
Tel – 0800 776600
www.talktofrank.com

P.C. Ian Punton (East)
P.C. Steve Lilly (West)
Youth Issues Officers
Northumbria Police
Whickham Police Station
Front Street
Whickham
Tel - 0191 4547555
E mail - ian.punton.3493@northumbria.pnn.police.uk

Gateshead & South Tyneside Smoking Cessation Service
Public Health Development Team
East View
Hospital Drive
Hebburn
NE31 2TH
Tel – 0191 4516610

Charter Point 5 - Safety and Environment

Maureen Laverick
Road Safety Officer
Siobhan Bowery
Terry Fay
School Travel Plan Advisers
School Travel Plan
Civic Centre
Gateshead
NE8 1HH
Tel – 0191 4333107 (Maureen)
Tel – 0191 4333109 (Siobhan)
Tel – 0191 4333160 (Terry)
E mail -
maureenlaverick@gateshead.gov.uk
siobhanbowery@gateshead.gov.uk
terryfay@gateshead.gov.uk

Jillian Rees
Community Safety Education Officer
Fire Service – Brigade HQ
PO Box 1HR
Pilgrim Street
Newcastle upon Tyne
NE99 1HR
Tel – 0191 2359474
Fax – 0191 2359284
E mail - cs.educationofficer@twfire.org

Tim Deveaux
Local Agenda 21 Officer
Civic Centre
Gateshead
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Tel - 0191 4333911
Fax – 0191 4774827

Charter Point 5 - Safety and Environment continued

Heather Tarvitt
Waste Education Support Programme (WESP)

Environmental Services & Pathfinder
Central Depot
Park Road
Gateshead
NE8 3NN
Tel – 0191 4337418

Health & Safety Officer

Civic Centre
Gateshead
NE8 1HH
Tel – 0191 4332270

Carol Hewison

WHOOPS! Child Safety Prject

12 Gladstone Terrace
Gateshead
NE8 4DY
Tel – 0191 4777366
Fax – 0191 4777545
E mail - safety@whoops94.fsnet.co.uk

Peter Shield

Urban Community Wildlife Officer

Civic Centre
Gateshead
NE8 1HH
Tel – 0191 4333000

ENCAMS

Environmental Campaigns
Elizabeth House
The Pier
WIGAN
WN3 4EX
Tel - 01942 612621
Fax – 01942 824778
E mail - enquiries@encams.org

Angela Hannant

Health Promotion Specialist (Cancer Prevention)

Health Promotion
14 Regent Terrace
Gateshead
NE8 1LU
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E mail - angela.hannant@ghpct.nhs.uk

Charter Point 6 - Healthy Eating

Helen McAllister

School Meals Service

Baltic Business Centre
Saltmeadows Road
Gateshead
NE8 3DA
Tel – 0191 4335513
Fax – 0191 4335520
E mail - HelenMcAllister@Gateshead.gov.uk

Zoe Dipper, Senior Dental Nurse & Oral Health Co-ordinator

Claire Williams, School Screening Co-ordinator & Oral Health Education

Joanne Robson, Oral Health Co-ordinator

Dental Health

Birtley Clinic, Hexham Villa, Egton Terrace,
Birtley. DH3
Tel - 0191 4923847

Elaine Dickson

Nutrition & Dietary Services

Queen Elizabeth Hospital
Sherrif Hill
Gateshead
NE9 6SY
Tel – 0191 4032074

5 A Day Co-ordinator

Digging Deep/5 A Day Project

Public Health Development Team
Public Health Development Centre
Hospital Drive
East View
Hebburn
NE31 2TH
Tel – 0191 4516600
Fax - 0191 451 6616

Charter Point 7 - Physical Activity

Yvonne Hoyland
School Sports Co-ordinator PDM
Dryden Professional Development
Centre
Evistones Road
Gateshead
NE9 5UR
Tel – 0191 4338668
Fax – 0191 4911394
E mail –
yvonnehoyland@gateshead.gov.uk

Janet Burns
Sport England North East
Aykley Heads
Durham
DH1 5UU
Tel - 0191 3753102
Fax – 0191 384 5807
Info – www.sportengland.org

Michael Chappell
Health Promotion Specialist
(Physical Activity)
Health Promotion Team
14 Regent Terrace
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michael.chappell@ghnt.nhs.uk

Sports Development Trust
Cultural Development
(Leisure Services)
Civic Centre
Gateshead
NE8 1HH
Tel – 0191 4333825

Charter Point 8 - Emotional Health and Well-Being

Emotional Well-Being Team
3 Gladstone Terrace
Gateshead
NE8 1LU
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Rosie Dalton-Lucas
Health Promotion Specialist
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Young Minds – Parents' Information Service
Tel – 0800 018 2138
Info – www.youngminds.org.uk

Childline
Tel – 0800 1111
Info – www.childline.org.uk

Kathryn Miller
Crossroads
97, Bewick Road
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Charter Point 9 - School and Community Partnership

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Childrens Fund Manager
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British Heart Foundation
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London
W1H 6DH
Tel – 020 79350185
Info – www.bhf.org.uk

Resources

Eileen Westthorp
Resource and Information Officer
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Tel - 0191 4516602
Fax – 0191 4516616
E mail - yvonne.hudson@sthct.nhs.uk

www.healthpromotion.demon.co.uk
www.gatesheadgrid.org/healthyschools
www.wiredforhealth.co.uk

Your own contacts:-

