

## How to apply

Guidelines are available from the Gateshead Healthy School Award Core Team.

## Application

Schools have to make annual applications for their awards.

## Presentations

Presentations of awards are held annually in July. Successful schools receive a certificate in recognition of meeting the set criteria.

Schools which receive the Gateshead Healthy School Award may use the National Healthy School Standard and Gateshead Healthy School Award logos on their school brochures and letterheads.

**Since 1992, 92 schools have gained an 'Award'.**

**In 2004, 76 schools gained an 'Award'.**

**Contact your  
Healthy School Award Core Team  
for further information.**

**Raising Achievement**  
Dryden Professional Development Centre  
Evistones Road  
Low Fell  
Gateshead  
NE9 5UR  
Tel: 0191 4338500  
[www.gatesheadgrid.org/healthyschools](http://www.gatesheadgrid.org/healthyschools)

**Gateshead Primary Care Trust  
Health Promotion Team**  
14 Regent Terrace  
Gateshead  
NE8 1LU  
Tel: 0191 4789061  
[www.healthpromotion.demon.co.uk](http://www.healthpromotion.demon.co.uk)

 **Gateshead**  
Council  
[www.gateshead.gov.uk](http://www.gateshead.gov.uk)

**Gateshead**   
Primary Care Trust

# Gateshead Healthy School Award



*Is your school a  
healthy school?*



An HMI survey of Ofsted Section 10 school inspection reports in 2000-2001 found: 'there are a number of key areas where schools involved in (NHSS) are making improvements at a faster rate than other schools nationally:

- the behaviour of the pupils;
- the standards of work in the classroom;
- the quality of the PSHE programme;
- the management and support of the pupils;

Source:- HMI survey of Ofsted Reports. September 2001. (see [www.wiredforhealth.gov.uk](http://www.wiredforhealth.gov.uk))

## Gateshead Healthy School Award

**Launched in 1992.**  
**Accredited to the National Healthy School Standard (NHSS) in 2002.**

The aims of the Gateshead Healthy School Award are:-

- To encourage a whole school approach to health
- To contribute to raising achievement in school
- To increase the positive health opportunities that are available to pupils, staff and visitors
- To promote and increase working between health promotion providers and education establishments.



## Gateshead Healthy School Award Charter Point Themes

1. Personal Social and Health Education (PSHE).
2. Citizenship.
3. Sex and Relationships Education (SRE).
4. Drugs, Alcohol and Tobacco.
5. Safety and Environmental Education.
6. Healthy Eating.
7. Physical Activity.
8. Emotional Health and Well Being.
9. School Community Partnership.
10. Whole School Initiative.

## National Healthy Schools Standards (NHSS)

Launched in 1999. The overarching aims of the NHSS are to contribute to:-

- Raising pupil achievement
- Promoting school inclusion
- Reducing health inequalities

### What is a 'Healthy School'?

- A 'Healthy School' is one that is successful in helping pupils to do their best and build on their achievements. It is committed to ongoing improvement and development. It promotes physical and emotional health by providing accessible and relevant information and equipping pupils with the skills and attitudes to make informal decisions about their health.
- A 'Healthy School' understands the importance of investing in health to assist in the process of raising levels of pupil achievement and improving standards. (NHSS/DFEE 1999)